

# Supportive Transitional & Emergency Housing Ministry

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## Building a Stronger STEHM

STEHM has always prided itself on being small but powerful and highly effective, both in terms of our programs and our staffing. Throughout its almost 40-year history, STEHM has operated with a small, part-time staff and an active all-volunteer Board of Directors. Recently, as part of a strategic review, it was determined that STEHM and, in particular, its Martha House residents would benefit from having a full-time Case Manager, able to focus solely on the residents and their needs. The Martha House program is unique in that the houses are not simply shelters, but a longterm, comprehensive program designed to assist those who want to become independent and are willing to work toward that goal. The program provides the support, tools and structure

that help residents remove the barriers to self-sufficiency they have faced. This involves research, coordination and follow-up with a myriad of available resources and programs as individual plans are developed for each resident. A full-time case manager will be able to spend more time with residents, to build relationships and better understand their journey and their needs, as well as time to foster, expand and explore helpful collaborations with other available community resources. To allow this more focused area of responsibility for the Case Manager, a new parttime Executive Director position has been created to manage administrative responsibilities and provide executive-level staff and program oversight.

# Another Hoppy Easter!

A festive and delicious holiday was enjoyed by our grateful Martha House residents. Members of the Brandywine Garden Club again donated beautiful, ageappropriate Easter baskets to the resident children, as well as a thoughtful basket for the ladies. We thank you for this kindness that has become an Easter tradition over several years! In addition, St. Joseph on the Brandywine Church generously donated four bags of food for our residents' holiday meal, to which STEHM added gift cards for the women to purchase their choice of meat and other holiday treats.

#### Case Manager



We are pleased to introduce STEHM's first full-time employee, Arionna Callaway, our new Case Manager. Arionna comes to STEHM with experience working with unhoused persons in a variety of settings, including shelters and clinics. She was attracted to the Martha House position because it will allow her to work with clients on a deeper, longer-term basis, to make a real difference in their lives.

#### **Executive Director**



Sherry Zebrook is STEHM's new Executive Director, responsible for overseeing all clients, programs and staff -- a role she is uniquely suited for, having served as STEHM's Case Manager for the past 22 years. In her new role, Sherry coordinates staff and house schedules, approves payroll, holds staff meetings, updates policies and procedures, manages in-kind donations and program budgets. In addition, Sherry serves as liaison to the Board of Directors.

#### House Manager



Completing the Martha House staff is House Manager Margaret Wallace. Margaret is responsible for the organization and maintenance of the houses, coordinating house upkeep responsibilities with residents, and working with the Executive Director and Board Facilities Committee on house maintenance and service contracts. She also manages STEHM's Motel Ministry program.

#### STEHM, Inc. Board of Directors

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#### About STEHM

Since 1986, Supportive Transitional and Emergency Housing Ministry (STEHM) has been serving the Wilmington, Delaware area by offering solutions for unhoused individuals in our community. The Motel Ministry provides shorter-term emergency housing for needy or displaced persons, thereby offering respite as well as the opportunity to connect with available services and plan for more permanent shelter. Martha House provides longer-term transitional housing for women and their children, fostering the goal of independent living through counseling and life skills training in a safe, supportive environment.

**Mission**: To provide safe, secure housing and specialized programs for those experiencing homelessness. **Vision**: A community where everyone has a home in which they can grow and thrive.



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### Determined to Work Her Way to a New Life

Azzure was a resident of Martha House for almost six months, having come to us through an agency we had worked with in the past. At the time, she was homeless, living in her car and looking for assistance. Azzure was anxious to get her life in order and was a great match for our program.

While at Martha House, Azzure engaged in the Financial Independence Program provided through our collaboration with West End Neighborhood House. As a strong and determined young woman, she worked to build credit, structure a budget and save money. Unfortunately, her job was eliminated when the office she worked in closed. Thanks to her strong work ethic, however, she soon was offered three full-time job opportunities. She carefully weighed the long-term pros and cons of each position and chose a company in Philadelphia.

After about six months, Azzure decided she was ready to get her own housing. She applied and was accepted for an apartment that was closer to her work in order to save money on the commute. STEHM assisted her with a number of household items, as well as the first month's rent funded through our Graduate Resident Incentive Program (GRIP). We are also proud to note that she is the first Martha House graduate to be enrolled in our Expanded GRIP initiative. She stated "I am filled with such gratitude to have been part of this program. I have gained support from the staff that I did not know I needed and, during this year's journey, I developed a strong sense of courage and discipline. I am very proud of my progress." So are we, Azzure!

# **Expanding Support for Martha House Graduates**

STEHM has long worked to support successful graduates of our Martha House transitional housing program as they move on to independent housing through our Graduate Resident Incentive Program (GRIP). That program provides graduating residents with \$1,000 to help with the first month's rent, security deposit and utilities, along with donated furniture and other household items. While helpful, studies have shown that the first year of independent living can be the most challenging for those who have

previously experienced homelessness and that long-term rental assistance provided the greatest impact on housing stability. Accordingly, we are excited to announce that STEHM has recently implemented a new Expanded GRIP initiative that provides partial rental assistance for the first year of a graduate's independent housing. Generously funded by a grant from The Robin Foundation, this program is open to successful graduates who agree to maintain monthly contact with STEHM's Case Manager and to complete short questionnaires at six

and 12 months. In turn, STEHM will send \$500 to the resident's landlord roughly every other month for the first year after graduation, up to a maximum of \$2,500 total. This initiative is designed to ease the financial burden for those transitioning to independent housing, as well as provide STEHM with valuable data on whether our graduates are able to live on their own, and on which skills have been most effective in helping with the transition. STEHM will then use this data to modify and improve our programs for future residents.